## Knights of Columbus council 9981, Incarnate Word Parish invites your family to the

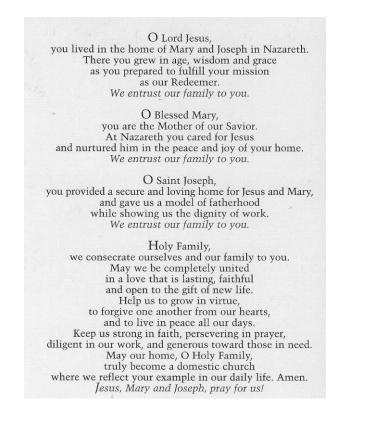
## Consecration to the Holy Family on Father's Day

## Sunday June 16, 2019 after the 8:45 AM Mass

As usually practiced on the third Sunday of each month, we will begin with praying a Rosary for religious vocations in the Catholic Church.

After the Rosary prayer, we will be led to pray together the prayer below of Consecration to the Holy Family (prayer cards given to all).

- Suggesting that each family pray together each day for the week before the consecration. Ideally, this will lead them to continue the practice, at least on a weekly basis, after the consecration has occurred.
- Discussing among the family lives of Joseph, Mary and Jesus as a model for family life.
- Encouraging each family to intentionally fast from something ahead of the consecration. This fast should last at least a week leading up or after the consecration. It is strongly encouraged to fast from something that would normally be consumed or an activity that is regularly done. Fasting helps to discipline our minds and hearts and moves us to be more focused on God.
- Strongly encouraging each member of all parish families to go to confession the week of the family consecration.
- As a family, frequently repeating the prayer of consecration to consciously choose to be a beacon of light of God's love through His Church.



## Prayer of Consecration to the Holy Family